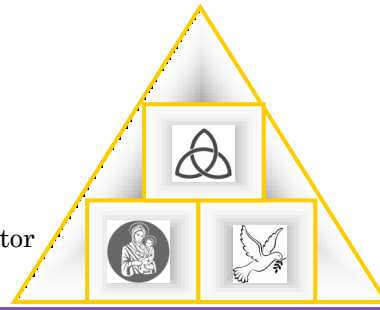


Holy Trinity Parish

First Sunday of Lent March 9, 2025

Fr. Thomas McCabe, Pastor
frmccabe@bevcomm.net

Sara McNamara, Administrative Assistant/Safe Environment Coordinator
holytrinitygoodhue@gmail.com



Address: PO Box 275, Goodhue, MN 55027
Office/Emergency Phone: (651) 923-4472
Email: holytrinitygoodhue@gmail.com
Website: www.holytrinitygoodhue.org
Office Hours: Mondays 10am-2pm at HT.
Building use request: Call the office.
Confession: Sat. 4:45-5:20pm at Holy Trinity, Sun. 8:20am at St. Mary, or by appointment.
Baptism: Call at least 3 months before the birth to attend a class and set a date.
First Penance/Eucharist: Register for 1st grade catechism classes in preparation.
Confirmation: Register as soon as possible in the fall since there are requirements including weekly attendance at Mass.
Marriage: Please call Father McCabe at least nine months prior to tentative date.
Anointing of the Sick: Contact the office especially if in serious illness, near death or upcoming major surgery.
Pastoral Care of the Sick: If you move to a nursing home/care facility, would like a priest to visit, or are unable to attend Mass and would like Communion at home, contact the office.



Filled with the Holy Spirit, Jesus returned from the Jordan and was led by the Spirit into the desert for forty days, to be tempted by the devil. He ate nothing during those days, and when they were over he was hungry. The devil said to him, "If you are the Son of God, command this stone to become bread." Jesus answered him, "It is written, *One does not live on bread alone.*"

Funerals: Contact the office.

Mass Intentions: Mail to the office or place in collection. (\$10/Mass suggested.)

Bulletin Items: Email to holytrinitygoodhue@gmail.com by Wednesday noon. The business office reserves the right to edit.

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HOLY MASS SCHEDULE					READINGS
Sat.	5:30PM	HT	March 8	Parishioners	Is 58:9b-14/Ps 86:1-2, 3-4, 5-6/Lk 5:27-32
Sun.	8:45AM	SM	March 9	+Alan Brinkman	Dt 26:4-10/Ps 91:1-2, 10-11, 12-13, 14-15 (see 5b)/Rom 10:8-13/Lk 4:1-13
	10:30AM	SC		Faith Formation Grade 6	
Mon.	8:00AM	SM	March 10	+Ray & LaWanda Keller	Lev. 19:1-2, 11-18; Ps. 19; Mt. 25:31-46
Tue.	8:00AM	HT	March 11	John and Catherine Gengler	Is. 55:10-11; Ps. 34; Mt. 6:7-15
Wed.	8:00AM	HT	March 12	+Connie Havrilla	Jon. 3:1-10; Ps. 51; Mt. 11:29-32
Thu.	9:00AM	SC	March 13	+Patricia Mann	Es. C:12, 14-16, 23-25; Ps. 138; Mt. 7:7-12
Fri.			March 14		Ez. 18:21-28; Ps. 130; Mt. 5:20-26
Sat.	5:30PM	HT	March 15	+Grant Schimek	Dt. 26:16-19; Ps. 119; Mt. 5:43-48
Sun.	8:45AM	SM	March 16	Parishioners	Gen. 15:5-12, 17-18; Ps. 27; Phil. 3:17-4:1; Lk. 9:28b-36.
	10:30AM	SC		+Darlene Barker	

Mission: *We grow together in Christ.*

Welcome to our Parish Churches!



Holy Trinity Church (HT)
 211 4th Street North
 Goodhue, MN 55027



St. Columbkil Church (SC)
 36483 County 47 Boulevard
 Goodhue, MN 55027



St. Mary Church (SM)
 221 Chester Avenue
 Bellechester, MN 55027

From Father McCabe

You may have heard of the principle in team sports, "The best defense is a great offense." It is also true that as Christians we need to go on the offensive against the evil in the world and within ourselves to win. This takes practice, much like sports teams must practice, practice, and practice again, sometimes 3 hours a day 6 days a week in order to have a good team, a good offense that can win the contest. As Christians we also need to practice our faith to win the goal of Eternal Life.

During these 40 days of Lent we follow Jesus Christ into the desert guided by his Mystical Body - the Church, and led by the Holy Spirit. In this spiritual desert with Christ, we learn to confront and overcome temptations that arise from our broken lives, the devil and the world that pervert good things, even manipulating the Bible and other good things, to confuse people into sinning.

To go on the offensive against the evil within us, we are called to fast. Jesus shows us that fasting helps us put our free will into God's will, and thus we are able to overcome the temptations of the flesh and our flawed human spirit. This takes a prayerful, humble attitude, something like, "God, with your grace I choose you over this other thing, I choose you over this evil thought or bad attitude, because I know you are the ultimate good in my life. You are the true goal of my life, save me."

In sports, this is called "Keeping your eyes on the prize." Any member of a sporting team might tell you that they do not necessarily like all the practicing, but when they grow strong and help the team win the game, it is well worth it. Of course, if they take steroids or cheat in the game, their winning means nothing to God, nor to their inner-most conscience. If they break the rules they may be penalized, but sometimes they are not caught and rarely are they ejected from the game.

Yet, spiritual life is more than a game. Our opponent is the devil, and he does not want us overcome our sins and temptations to make it to heaven, rather, he wants us to be enslaved by him in hell forever. That's why Jesus said, "If you love me, you will keep my commandments," (Jn. 14:15) for the Ten Commandments of God are not mere suggestions, but are the fundamental rules of attaining heaven. And we read further in the Bible, "Loving God means keeping his commandments" (1 Jn. 5:3-4) If we keep nine of the Ten Commandments, are we winning or losing? If I live all the Commandments well, except I do not try to overcome using God's name in vain, am I going to have the strength to attain heaven? No, in fact, when we do not repent and seek God's holiness it weakens the whole team, especially those closest to us.

The spiritual life is not a game, it is our relationship to God, but people sometimes put sports ahead of God, ahead of their family, ahead of school. One of the greatest college football coaches with some of the most wins was John Gagliardi, who coached at St. John University, Mn. If you wanted to play football on his team he would tell the players that they had to have their priori-

ties right. Number one priority is God, then family, then academics and then football. He won four national championships.

Just as the devil tempted Jesus with food, fame and fortune, he will tempt us to idolize these things, and to idolize them means you seek these things in a perverse way and compromise yourself with the devil. Thus, Jesus correctly quotes from the Bible to defend himself saying, "You shall worship the Lord, your God, and him alone shall you serve." At Sunday Mass, this is what we do.

That is why coming to daily Mass if possible is a service to God's glory and is the best offense to win divine graces during Lent. Some have already decided to come to Mass as much as possible and for that I applaud you since Mass is the greatest of all prayers, and when you are able to receive Jesus Christ worthily in the Eucharist, that is all the more reason to celebrate.

That last temptation in today's Gospel is when the devil asks Jesus to perform a sensational miracle of throwing himself down and letting his angels catch him just before he smashes into the ground. The devil does something very deceptive in this temptation for he uses the Bible to try to convince Jesus to do this.

Let that sink in for a moment, the devil quotes from the word of God, the Holy Bible, and tries to convince Jesus to sin. That is perverse, for the Bible should only be used within Sacred Tradition which is guarded by the Catholic Church, of which Jesus is the divine head and guardian to lead people to holiness. Yet, there are many who pretend or unintentionally use the Bible in a way that is contrary to Christ and his Church.

Jesus Christ shows us that to go on offense through our fasting, prayers and almsgiving to help overcome evil in the world is pleasing to God, but we also need to know how to look to Jesus Christ and his Catholic Church to help us defend against the snares of the devil and those who are influenced by him, whether they know it or not, by understanding the Bible correctly.

Thus, just before the Gospel is proclaimed, our Gospel acclamation quotes Jesus who said, "One does not live on bread alone, but on every word that comes from the mouth of God." Jesus is the Word of God, and only in the Holy Eucharist received worthily are we assured doing our best at winning for ourselves and our family the goal of Eternal Happiness.

Peace in Christ through Mary and Joseph,
Fr. Thomas McCabe



.....
: "What happiness do we not feel
: in the presence of God, when we
: find ourselves alone at his feet,
: before the holy tabernacle! ...
: 'Come, my soul, redouble your ardor! You are here alone to
: adore your God! His look rests on you alone!' Ah! if we only
: had the angels' eyes!"
: - St. Cesar de Bus, French Priest and founder of both the Christian
: Doctrine Fathers and the Ursulines
:



NATIONAL
**Eucharistic
Revival**

News and Events

Pancake Breakfast: Sts. Peter & Paul, Mazeppa - 9AM-12:30PM on March 9. Please join us for Pancakes, Scrambled Eggs, Sausage, Beverages. Free will donations for local food shelves in Mazeppa and Zumbrota.

How to Lent: All are welcome to a 4-week Lenten series entitled *How to Lent* held on Tues. mornings at 9:00 AM beginning on March 11 at Holy Trinity Church. This series helps us to understand and practice Lent: prayer, fasting, and almsgiving. This series will challenge us and help us grow in our spiritual life.

Do you know...? Our third grade Faith Formation class is on a quest to identify the relics contained in the altars of St. Mary's, Holy Trinity and St. Columbkil. They have written a letter to the Archdiocese, but unfortunately, there is no archived record of the relics. The third grade students would appreciate any information you could provide. Please contact Fr. McCabe or Eva Diercks at 651-380-9248.

SAVE THE DATE! May 15-17, 2025 - Holy Trinity Parish Garage Sale Fundraiser, Bake Sale, Food Stand. Start gathering items to donate to the sale! Proceeds to benefit our Youth Faith Formation. Sponsored by our churches of Holy Trinity, St. Columbkil, and St. Mary. Additional information to follow at a later date.

Fish Fries: You are invited to the annual Church St. Michael Fish Fries on Friday evenings during Lent (March 7, 14, 21, 28; April 4 & 11), serving from 4:30 PM to 7:00 PM! Both baked & fried fish will be offered! Prices: Adults \$15.00, Children 5-12 \$6.00, and family maximum \$45.00. TAKE OUT AVAILABLE! Location: Church of St. Michael, 451 5th St. SW, Pine Island. 507-356-4280

Corned Beef & Cabbage Dinner: St. Joseph's Church and the Blessed Stanley Rother KC Council in Miesville invite you to their annual Corned Beef & Cabbage Dinner Sunday, March 16. We begin serving at 9:00 am and finish at 1:00 pm. Corned Beef, Cabbage, Potatoes, Irish Soda Bread, homemade desserts, and beverages. Hot dogs for the wee lads & lassies. Silent Auction items for all ages!

Ham Dinner: The Church of St. Paul, Zumbrota, is hosting their 54th St. Patrick's Ham Dinner and Silent Auction on Sunday, March 16, serving from 10:30am-1:00pm. Tickets may be purchased at the door: adults \$16; children (6-12) \$6, and under 6-free. The dinner will be held at the Zumbrota VFW (25 East 1st Street, Zumbrota). Available for Dine-In & Take-Out! Everyone is welcome. Please come join us!

Please pray for: Bob Eppen, Chuck and Diane Ryan, Wanda Schafer, Margaret Wagner, Maxine Ryan, Ed Heppelmann, Anne Merry, Ray Poncelet, Dave Buck, Scott Cyert, Jerry Joe Majerus, Louise Heppelmann, Brent Hokanson, Anne Skalicky, Neil Stehr, Jen Berg, Marge Majerus, Shawn Frederixon, Gabe Ryan, Laura Luhman, Ryan Zorn, Beth Carlson, Chuck Havrilla, Randy Nardinger, Marci Dillworth, Alan Gadiant, Jameson Letsinger, Roy Goranson.

Holy Trinity is dedicated to protecting children and vulnerable adults. Volunteers serving with minors and vulnerable adults must complete requirements before engaging in ministry. Contact: holytrinitygoodhue@gmail.com.

The Holy Father's Prayer Intention for March 2025: **For families in crisis**

Let us pray that broken families might discover the cure for their wounds through forgiveness, rediscovering each other's gifts, even in their differences.

Calendar/Events

Sat., March 8	HT	4:45-5:20 PM	Sacrament of Confession
Sun., March 9	SM	8:20-8:40 AM	Sacrament of Confession
Mon., Mar. 10	SM	6:30-9:00 PM	Adoration of the Blessed Sacrament
Mon., Mar. 10	SM	6:30 PM	Knights of Columbus Rosary
Wed., Mar. 12	HT	9:00AM-2:00 PM	Adoration with Benediction at 2:00 PM
Wed., Mar. 12	HT	2:15-3:30 PM	Grades 1-6 Faith Formation Class
Wed., Mar. 12	HT	6:30PM	Stations of the Cross
Wed., Mar. 12	HT	7:25-8:35 PM	Grades 7-9 Faith Formation Class
Thurs., Mar. 13	SC	8:00-8:45 AM	Adoration/Confession (Daily Mass 9:00 AM)
Fri., March 14	SM	7:30PM	Stations of the Cross
Sat., March 15	HT	4:45-5:20 PM	Sacrament of Confession
Sun., Mar. 16	SC	After Mass	Stations of the Cross
Sun., Mar. 16	HT	6:30-9:00 PM	Catholic Young Adult Meeting

Holy Trinity Church
(HT) Collection:
3/1: \$ 562.46

St. Columbkil Church
(SC) Collection:
3/2: \$ 950.00

St. Mary Church
(SM) Collection:
3/2: \$ 1,299.00



Behold the Lamb of God!

Adoration of the Blessed Sacrament: Mondays at St. Mary from 6:30-9:00PM, Wednesdays at Holy Trinity from 9:00AM-2:00PM, and Thursdays at St. Columbkil from 8:00AM-9:00AM (unless otherwise noted). Come and spend some time with Jesus!

Weekend Ministry Schedule

Church	Role	March 8/9	March 15/16
HT: Saturday 5:30PM March 8 & 15	Musician	Eileen Frischmon	Eileen Frischmon
	Cantor	Katie Ludwig	Laural Seither
	Lector	Maureen Lodermeier	Bjorn Otterness
	Servers	Brynn and Nora Frederick	Leeta, Aubriel, Oleans, Stuart O'Reilly
SM: Sunday 8:45am March 9 & 16	Musician	Eileen Frischmon	Eileen Frischmon
	Cantor		
	Lector	Taylor Dowden	John Huneke
	Servers	Isaac Ryan, Danny Keller	Will Poncelet, Cooper Utley
SC: Sunday 10:30am March 9 & 16	Musician	Cindy Eppen	Cindy Eppen
	Cantor	Shelly Jacobson	Eleanor O'Reilly
	Lector	Chris Poncelet	Michael Poncelet
	Servers	Eli Buck, Stuart O'Reilly, Jay Roschen	Brady and Liahna McNamara



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Which means ANY REGISTERED PARISHIONER can access it for free!

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How do I create an account?:
 To create an account (again, for free), go to <https://formed.org/signup> and type in "55027". Click on Holy Trinity Parish, enter your name and email. That's it!

Our hope and prayer is that the content on FORMED will enrich, deepen, and inspire your Catholic Christian faith. This is something positive you can do for Lent!



Catholic Young Adults, ages 18+, join our monthly gathering Sunday, March 16, 6:30-9:00 PM at Holy Trinity for Irish food/potluck, socializing, celebrating St. Patrick(a day early), and adoration/rosary. RSVP to Fr. McCabe at 763-688-4776 to say what you can bring and whose joining you.

Our Lady of Fatima is the title given to the Blessed Virgin Mary as she appeared to three shepherd children near the village of Fatima, Portugal, May 13, 1917. She identified herself as the Lady of the Rosary, and in the above artistic rendition you can see the rosary draped over her hands. The Catholic Church recognizes this apparition as worthy of belief, since she called all of us to pray, fast and give alms to the poor for the conversion of hardened sinners, and to pray the rosary daily for peace. It takes 20 minutes, but it is a very powerful instrument of praise to God since one meditates on the life of Jesus and Mary in salvation history. Please consider praying the rosary individually or as a family throughout this season of Lent, and draw down the graces of Christ our Lord and Savior, brother and friend.